

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE

June

AASHAYEIN

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER



VOLUME 52

4TH WEEK JUNE

ROTARY FELLOWSHIP MONTH

ROTARY REFLECTIONS:
VOICES OF THE WHEEL



THE
ROTARY
4-WAY
TEST

THE ROTARY
4-WAY
TEST

4 WILL IT BE
BENEFICIAL
TO ALL CONCERNED?

We are responsible
for the well-being of
our communities and
our world

District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia



LET'S
INSPIRE

June

AASHAYEIN

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

THE
ROTARY
4-WAY
TEST

WEEKLY NEWSLETTER



VOLUME 52
4TH WEEK JUNE

ROTARY FELLOWSHIP MONTH

ROTARY REFLECTIONS:
VOICES OF THE WHEEL



Truth: The Foundation of Service

Will It Be Beneficial to All Concerned?

One of Rotary's greatest guiding principles is the Four-Way Test, introduced in 1932. Its fourth and final question is simple, yet profoundly meaningful: "Will it be Beneficial to All Concerned?"

This question reminds us that every act of service should create a positive and lasting impact. As Rotarians, we look beyond merely completing a project—we ask whether our efforts will genuinely improve lives and strengthen our communities.

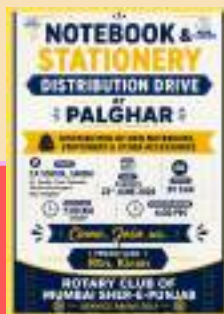
When we organize a blood donation camp, we are helping save lives. When we provide lap tables, benches, or school supplies, we create better learning opportunities for children. By conducting medical and cancer detection camps, we promote healthier communities. Through CPR training, we empower people with life-saving skills. Planting trees helps protect the environment for future generations, while donating storybooks opens the doors of knowledge and imagination for young minds. When we install water filters or provide access to safe drinking water, we help prevent disease and improve the quality of life for entire communities. Likewise, by providing nutrition kits to underprivileged families, we promote better health while restoring hope and dignity.

Every Rotary project, whether big or small, should leave people with greater hope, dignity, health, education and opportunity than before. That is what makes our service truly meaningful.

When our actions benefit not just individuals but entire communities, we live Rotary's motto, "Service Above Self." Together, we are not simply carrying out projects—we are creating lasting impact, one act of service at a time.



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

BASIC EDUCATION AND LITERACY



BUILDING DREAMS, ONE NOTEBOOK AT A TIME

On 23rd June 2026, the Rotary Club of Mumbai Sher-E-Punjab distributed 1,000 notebooks, stationery, and educational accessories to 231 students of Classes 9 and 10 at Z.P. School, Sarshi, Palghar. The initiative provided essential learning materials, bringing smiles to the students and supporting their educational journey.



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

BASIC EDUCATION AND LITERACY



STATIONERY DISTRIBUTION & SMILE BOX INITIATIVE

RCMSEP conducted the Stationery Distribution & Smile Box Project at Ganesh Nagar Anganwadi on 25th June 2026, distributing notebooks, pencil boxes, crayons, tiffin boxes, biscuits, beverages, and other essential stationery items. Led by Rtn. Seema and Rtn. Swati, the project supported children's education while bringing smiles to their faces.



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia



LETS
INSPIRE



AASHAYEIN

4th week June 2026

ECONOMIC COMMUNITY SERVICE

ON GOING ADVANCE BEAUTICIAN COURSE



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

UNITE
FOR
GOOD



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

BASIC EDUCATION & LITERACY

BETTER DESKS, BRIGHTER FUTURES

On 27th June 2026 RCMSEP donated 50 lap tables to the students of Rishi Valmiki School, Goregaon, creating a more comfortable and conducive learning environment. The joyful smiles of the children reflected the positive impact of the initiative, reaffirming the club's commitment to supporting education and empowering young mind



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

CLUB SERVICE

CLUB SHUKRIYA NIGHT 26TH JUNE 2026



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

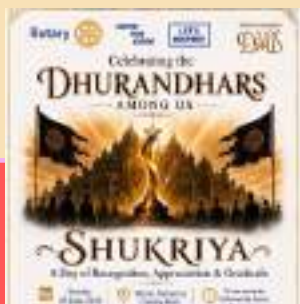
Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

CLUB SERVICE

A PLATINUM ACHIEVEMENT FOR RCMSEP

On 28th June 2026, at the District Shukriya Awards Night RCMSEP proudly received the prestigious Platinum Club Award in recognition of the dedication, teamwork, and selfless service of every club member. This remarkable achievement belongs to our entire Rotary family and reflects our collective commitment to creating a lasting impact through meaningful community service.



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

DISEASE PREVENTION & TREATMENT

137 UNITS OF HOPE BLOOD DONATION DRIVE – A LIFE SAVING MISSION

On 29th June 2026, RCMSEP proudly conducted a blood donation camp at Datamatics Business Solutions, collecting 137 units of blood. We extend our sincere gratitude to the entire Datamatics team, as well as to Jeevan Hospitals, and every member who contributed to this life-saving effort!



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE



AASHAYEIN

4th week June 2026

CLUB SERVICE

CELEBRATIONS OVER IDLI CHAI CHARCHA FELLOWSHIP



District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia



AASHAYEIN

RECOGNITIONS

LETS
INSPIRE

The
Rotary
Foundation



UNITE
FOR
GOOD

Congratulations

**RCM Shere Punjab
&
President
Minishaa Oberoi**

for becoming **EREY Club &
100% TRF Giving Club**

in RY 2025-26

DG Manish Motwani, TRF & CSR Team



AASHAYEIN

Flavours of Fellowship

Crispy Outside, Soft Inside!

Moong Dal Bhajiya

A classic Indian snack that never fails!

Light, crunchy and packed with desi flavours – perfect with chai or as a monsoon treat!

Makes 20–25 Bhajiyas



INGREDIENTS

- Moong dal (yellow) – 1 cup
- Green chillies – 2–3
- Ginger – 1 inch
- Garlic – 4–5 cloves
- Cumin seeds – 1/2 tsp
- Asafoetida (hing) – a pinch
- Onion – 1 small (finely chopped)
- Coriander leaves – 2 tbsp (chopped)
- Salt – to taste
- Red chilli powder – 1/2 tsp (optional)
- Oil – for deep frying

METHOD

- Wash moong dal well and soak for 3–4 hours.
- Drain the water and grind to a coarse paste. Do not add water while grinding.
- Transfer to a bowl. Add green chillies, ginger, garlic, cumin seeds, hing, onion, coriander leaves, salt and red chilli powder.
- Mix well. The batter should be thick enough to hold shape.
- Heat oil in a kadai on medium heat.
- Drop spoonfuls of batter into hot oil and fry until golden brown and crisp.
- Remove on paper towel and serve hot with green chutney or ketchup.

TIPS & NOTES

- Do not grind dal to a smooth paste. Coarse texture gives crispy bhajiyas.
- Keep the flame medium so bhajiyas cook well from inside.
- You can add a pinch of baking soda for extra fluffiness (optional).



Masala Chai



Green Chutney



Tomato Ketchup

Enjoy!

Simple ingredients, magic in every bite!

AASHAYEIN

Flavours of Fellowship

MOONG DAL BHAJIYA



*Recipe by :
Rtn. Simi Ahluwalia*

🌱 Moong dal is one of the easiest pulses to digest, making moong dal bhajiyas a lighter choice than many other fried snacks.

💪 Rich in protein and fiber, moong dal bhajiyas help keep you fuller for longer. A monsoon favourite, hot and crispy moong dal bhajiyas taste best with mint chutney and a steaming cup of chai.

Get your recipe featured in next Aashyein Weekly Magazine!

Contact Rtn. Seema Bhoocher

AASHAYEIN



The Happy Wheel - Fun Corner



ANSWERS : DO YOU KNOW YOUR ROTARY

**DEEPAK WADHWA
KIRAN SRIVASTAVA**

1. What is Rotary's official motto?

Answer: Service Above Self

2. Who founded Rotary International?

Answer: Paul Harris

3. In which city was Rotary founded?

Answer: Chicago, USA

4. In which year was Rotary International founded?

Answer: 1905

5. How many spokes are there on the Rotary wheel?

Answer: 24

6. What is Rotary's highest individual honour?

Answer: The Paul Harris Fellow (PHF)

7. Which month is celebrated as Rotary's Maternal and Child Health Month?

Answer: July

8. What is the name of Rotary's global campaign to end polio?

Answer: End Polio Now

9. How many Areas of Focus does Rotary have?

Answer: Seven

10. What colour is the Rotary wheel?

Answer: Royal Blue and Gold

11. Who was the first woman admitted to Rotary?

Answer: Sylvia Whitlock

12. What is Rotary's official monthly giving programme called?

Answer: Rotary Direct

AASHAYEIN

Quote of the Week

*"Every act of kindness
strengthens the bonds of
fellowship."*

Paul Harris
Rotary Founder



Thank you for being a Rotarian

Aashayein Editorial Board

Rtn. Minishaa I Oberoi

Rtn. Seema Bhoocher

Rtn. Jotinder S Ahluwalia

Rtn. Aarti Jadhav

Rtn. Jasjit Bhatia

Rtn. Jasbeer Nagi